



# Sports Activity Book

FUN ACTIVITIES INSPIRED BY SPORTS  
AND THE COMMONWEALTH





# Medal Tracker

Follow along with the Commonwealth Games and keep a tally chart of the Great British medals. Use the bottom table to record the final Top 5 medal standings. Who are you rooting for?

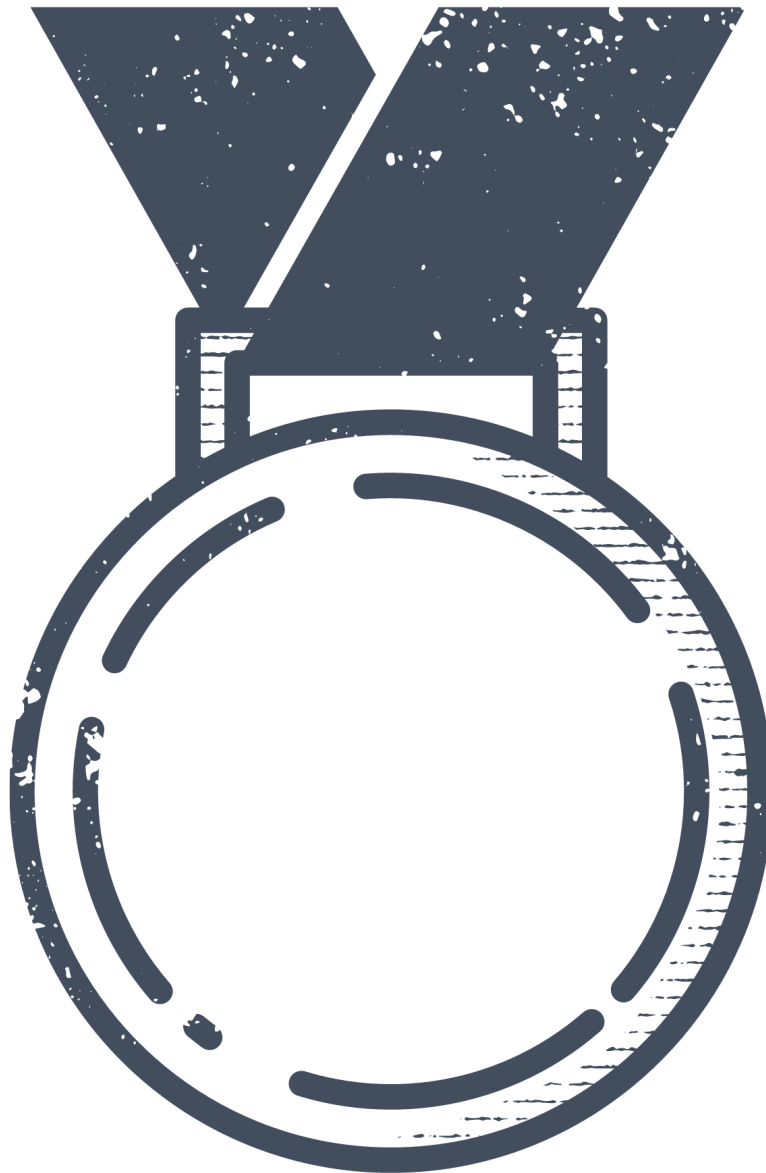
COUNTRY	GOLD MEDALS	SILVER MEDALS	BRONZE MEDALS	TOTAL MEDALS
England				
Wales				
Scotland				
N. Ireland				

COUNTRY	GOLD MEDALS	SILVER MEDALS	BRONZE MEDALS	TOTAL MEDALS



# Design a Medal

Get creative and design your very own medal for your 'at home' Games!





# Match It!

Practice your cutting-out skills and then have fun with a game of Snap with the family. (don't forget to ask permission to use the scissors!)





# Whose Flag Is It Anyway?

Test your geography powers and see how many flags you can identify from the countries of the Commonwealth.



1. \_\_\_\_\_



5. \_\_\_\_\_



2. \_\_\_\_\_



6. \_\_\_\_\_



3. \_\_\_\_\_



7. \_\_\_\_\_



4. \_\_\_\_\_



8. \_\_\_\_\_



# Zentangle Stylist

Can you help this gymnast with her show-stopping hair? Go crazy with patterns and create a different one for each section of hair.

