



PHYSICAL

STAY ACTIVE

1999-2019

20

YEARS

OF Premier
Education

Masks: Suitable for 1 child or more.

Equipment:

- Paper or card.
- Mask templates - design your own or print from the Internet.
- Favourite books.
- Scissors.
- Felt tip pens/paint/stickers.
- Hole punch.
- Elastic/string/sticks.

What to do:

Ask your child to select their favourite book character.

If you can, print and cut out a mask template from the Internet. Otherwise, you can draw your own.

Decorate the mask with felt tips pens, paint, stickers glitter.

Use a hole punch to make two holes either side of the mask.

Attach string or elastic so your child can attach it to their head

Or add a stick at the bottom so the child can hold their mask in front of their face

More than 1 child-

Create masks for the other characters within the story.

Create a short scene, using role play, facial expressions, body language, voice and their masks, of their characters meeting each other. Ask the children to focus on the movement of their characters.

Allow time for rehearsal and performance.

