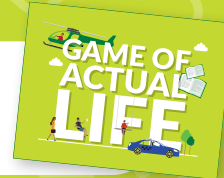


Aspiring to Be Me

Sponsored by *Game of Actual Life*



Overview: A quiet, thoughtful activity which helps foster respect, confidence and communication.

Time: 10 minutes

Equipment required: A piece of paper and a pencil for each child.

Benefits:

- Helps build confidence.
- Encourages an encouraging and creative use of language.
- A calming activity with a clear, positive outcome for every child.

Directions:

1. Get everybody to sit around in a circle, or facing each other.
2. Have everybody write their name at the top of a piece of paper.
3. Everybody passes the paper one place to their left.
4. Now, everybody writes one positive word or phrase about the person whose name is on the paper.
5. Invite each child to have a quiet read of their own piece of paper, adding doodles and decorations.

Prompts:

As the paper is passed around, you can prompt them for particular compliments:

1. What is something you admire about this person?
2. Copy and complete the sentence "I would choose this person to ___ because ___"
3. How has this person helped you?
4. Copy and complete the sentence "People will enjoy being friends with this person because _____".
5. What makes this person such a good team player?