



LIFE SKILLS

20 DAY CHALLENGE

1999-2019

20

YEARS

OF Premier Education

When I Grow Up

Sponsored by Game of Actual Life



Overview: A quiet activity that allows children to reflect on their hopes for the future.

Time: 10 minutes

Equipment required: Paper and pencils for each child.

Benefits:

- Allows children to think about their future selves in a deeper, more considered way.
- Quick and easy to set up, but allows for plenty of personal development.

The Activity:

1. Ask each child to think about who they want to be as an adult.
2. Invite them to draw a picture of how they imagine themselves to look as an adult. Encourage them to include a few props to bring the drawing to life.
3. Now, get them to add labels themselves with words and phrases which indicate their job, family, friends, hobbies, home etc.
4. Ask some of the children to present their drawing and explain a little more about what they've drawn and why.
5. Display the pictures around the house.