

2023

# Festive Activity Book



Premier  
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INSPIRING  
ACTIVITY

# LET'S GET FESTIVE!

Welcome to your fun-filled festive activity book! Let's start things off with some easy crafts and some Christmas wishes...



## MAKE YOUR OWN GREETINGS CARD

### WHAT YOU WILL NEED

- A4 card/thick paper
- Scrap paper/wrapping paper
- Star stickers
- Glue
- Scissors
- Pens

1. Lay out a sheet of brown parcel paper.
2. Gather together a selection of scrap papers, wrapping paper or paper chains.
3. Cut into strips roughly 10mm wide and of varying lengths.
4. Fold the A4 piece of paper/card in half to make A5.
5. Arrange the pre-cut paper strips into a Christmas Tree design on the front of the card. Make sure the design is how you like it before gluing down. Trim the paper strips as needed to form the tree.
6. Glue the design to the front of the A5 card. Add a trunk to the tree and a star to the top.
7. Write a festive greeting on the inside to friends or family!

\*Ask a responsible person to help you with the scissors if needed.

## MY CHRISTMAS WISHES...

SOMETHING I WOULD LIKE:

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SOMETHING I NEED:

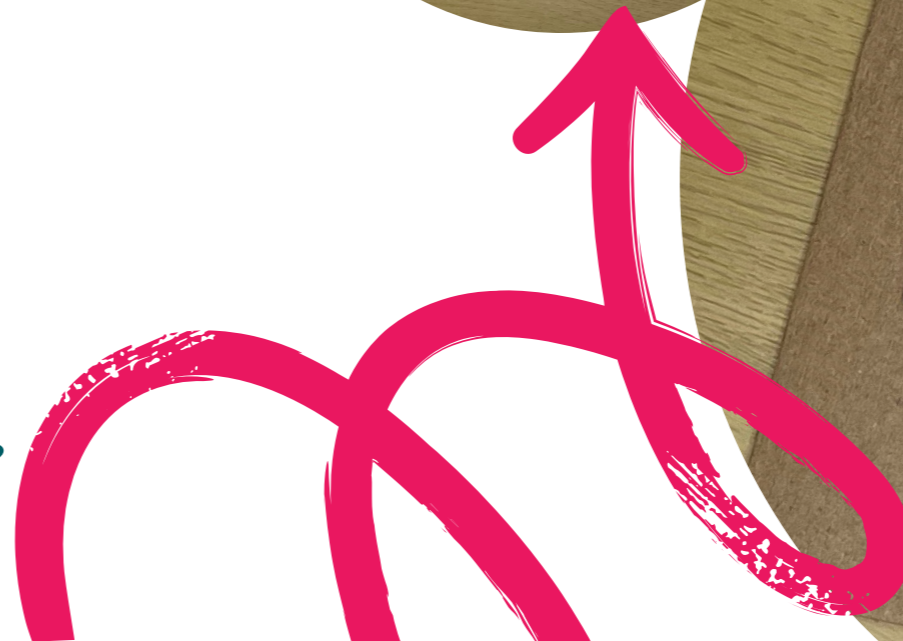
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SOMETHING TO WEAR:

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SOMETHING TO READ:

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# CHRISTMAS COLOURING

Time to decorate some stockings!



# A FAMILY ADVENTURE

Explore your local area this winter and enjoy all the festive sights the streets have to offer.

## SCAVENGER HUNT

Where: Your local area

When: Any day you choose

Bringing back a goodie from last year (because no walk is ever the same!), grab your winter woolies and get outside to explore your festive surroundings.

Taking the checklist opposite with you, hit the pavement (don't forget the umbrella just in case!).

Work together as a team and see how many items you can find.



## OUTDOOR WINTER SCAVENGER HUNT

Wrap up warm and take this checklist with you on your next winter walk (don't forget the umbrella...just in case!). Work together as a team and see how many items you can find.

- A CHRISTMAS WREATH
- MISTLETOE
- HOLLY
- SOMEONE WEARING A SANTA HAT
- A LOST GLOVE
- SOMEONE WEARING A WOOLY HAT
- SNOW (FAKE OR REAL!)
- CHRISTMAS LIGHTS
- RUBBISH\*
- AN UMBRELLA
- CHIMNEY SMOKE
- A PINECONE
- ANOTHER FAMILY
- A BIG PUDDLE TO SPLASH IN
- ICICLE LIGHTS

\* when you find the rubbish, be sure to pick it up and put it in the bin to help keep your community clean!

YOUR SCORE

15

# FESTIVE BINGO

Eyes down, look in! Here is your festive bingo challenge to help you keep fit and active during the winter holidays!



Complete the tasks below in any order you choose. Cross off the number on the bingo card opposite once the task is completed!

**1.** Make your own greetings cards using the instructions at the beginning of this booklet.

**2.** Go for an evening walk with the family and enjoy the festive lights and decorations in your town/village as you go!

**3.** Read for 10 minutes.

**4.** Repeat the below five times to complete a mini HIIT workout:  
10 jumping jacks  
30 second plank  
10 sit ups

**5.** Help cook an evening meal during the holidays.

**6.** Complete the puzzles on our 'brain games' pages (a little further ahead in this book!)

**7.** Spend an afternoon doing some festive colouring.

**8.** Read for 30 minutes.

**9.** Repeat the below five times to complete another mini HIIT workout:  
10 frog jumps  
30 second mountain climbers  
10 squats

**10.** Complete the DIY paper christmas jumper craft further on in this booklet.

**11.** Clean and tidy your bedroom.

**12.** Write a poem about what the winter holidays mean to you!



3	7	12
11	2	9
5	10	1
6	8	4



# DIY PAPER CHRISTMAS JUMPER

Get the festive vibes flowing by making and designing your own Christmas jumper!

MAKE  
YOUR  
OWN



Fun to make, and needing very little supplies, you can make whatever kind of top you like. Christmas jumper, football team shirt, or even a mini school uniform. The choice is yours!

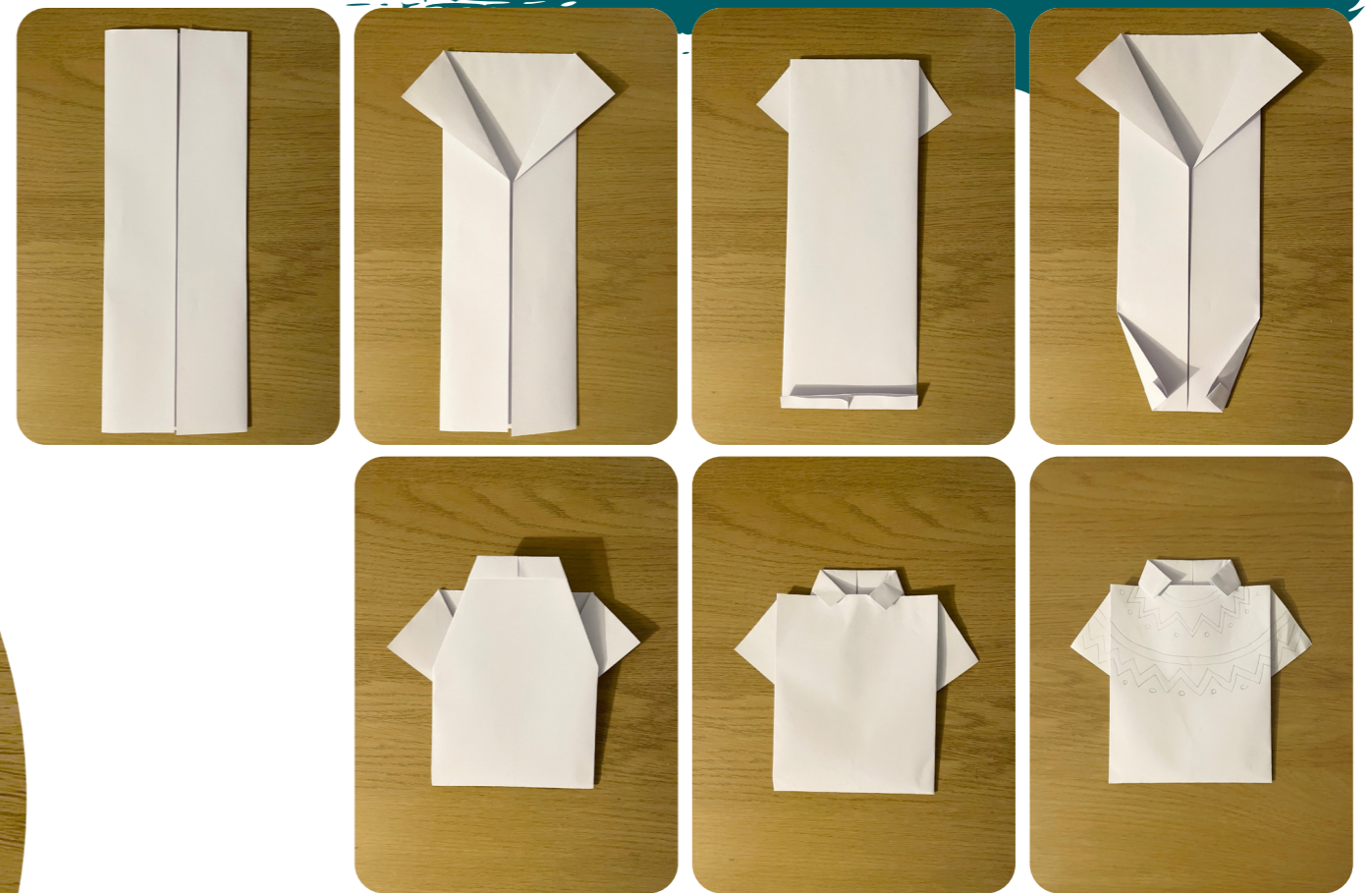


## WHAT TO DO

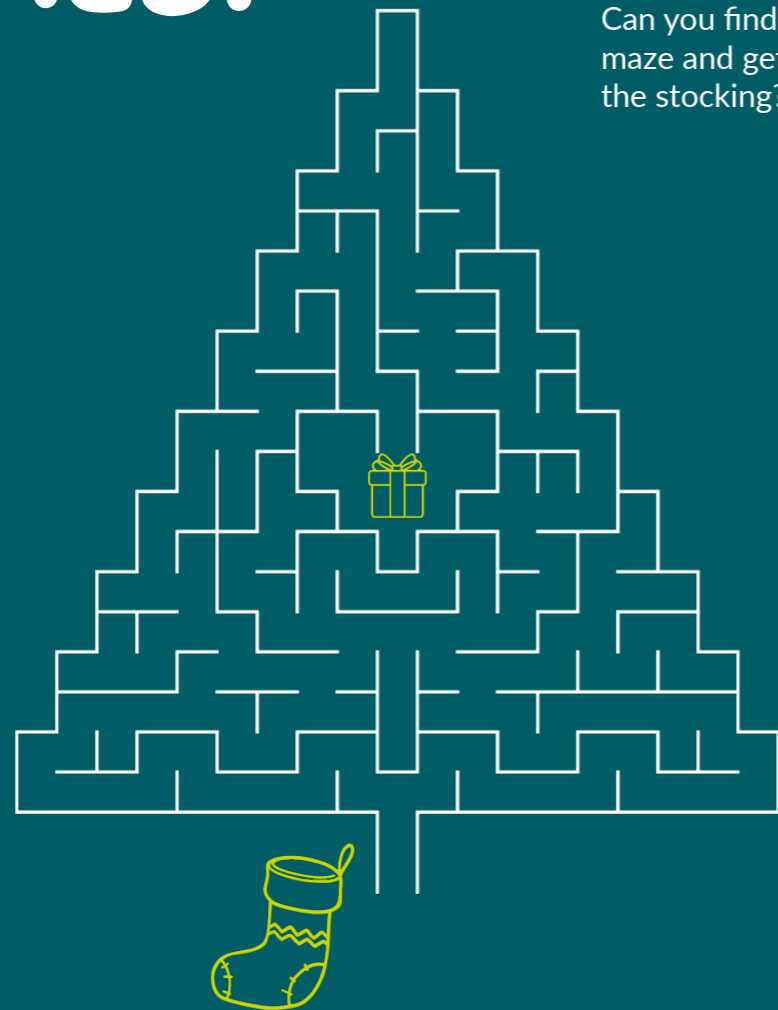
### WHAT YOU WILL NEED\*

- White paper
- Pencil
- Colouring pens
- Optional: visual examples of shirts/jumpers

1. Put the salt and flour in a mixing bowl and add the water. Stir together until combined and then place on a flour-dusted surface. Start kneading. If it's too wet, slowly add some more flour until you can knead it nicely and it's not overly sticky.
2. Place paper in front of you in 'portrait'
3. Fold each long side into the middle
4. Fold top corners outwards as indicated
5. Turn over...
6. Fold apx. 1cm of the bottom upwards
7. Turn over...
8. Fold bottom corners inwards as indicated
9. Fold in half as show
10. Turn over...
11. Tuck the edge under the collar
12. Draw your design in pencil
13. Colour in



# BRAIN GAMES!



Can you find your way out of the maze and get the gift back in to the stocking?

## WINTER SCRAMBLE

LOVEG = \_\_\_\_\_  
TAH = \_\_\_\_\_  
SWON = \_\_\_\_\_  
FIGT = \_\_\_\_\_  
SOKCINGT = \_\_\_\_\_

## WORDSEARCH

B C X E T A R O C E D  
L S T U O R P S B E  
I L L Y E K R U T A V  
G E O G T S E F S U I  
H G J K I H S Z E B T  
T H W R J L E P F L S  
S N O W M A N W T E E  
H G I E L S T K L B F

BAUBLE  
SLEIGH  
FESTIVE

SPROUTS  
DECORATE  
SNOWMAN

LIGHTS  
PRESENT  
TURKEY

## JUST KIDDING!

What happened to the theif who stole the advent calendar?

He got 25 days!

What do you call Santa when he takes a break?

Santa Pause!

What do Snowmen eat for breakfast?

Snow Flakes!

# FESTIVE TREATS

Have some family fun in the kitchen with these easy to make festive snacks!

Give yourself a boost of antioxidants with foods bursting with vitamin C and yummy goodness.

Here are some delicious recipes for you to try at home, incorporating lots of fruits, vegetables and wholegrains.

**Did you know?...**  
Pomegranate seeds are rich in vitamin C and antioxidants.



## CHRISTMAS TREE SANDWICH STACK

### YOU WILL NEED:

- wholegrain bread slices
- lettuce
- ham or other sliced meat
- pomegranate seeds
- cheese and cocktail stick

1. Carefully cut the bread slices in star shapes, with each star being smaller than the other.
2. Lay your biggest bread star on your plate.
3. Add layer of lettuce, then ham, then a smaller bread 'star'.
4. Repeat until you reach the top of the sandwich tree (see picture).
5. Add a piece of cheese, cut into a star shape, onto the top of the tree using a cocktail stick.
6. Decorate with pomegranate seed 'baubles'.

## OWL PANCAKES

### YOU WILL NEED:

- mini pancakes
- fruit selection
- cream
- marshmallow

1. Make mini pancakes using your favourite recipe or save time by buying ready made ones from your local supermarket.
2. Gather some delicious fruits such as raspberries, bananas, apples, oranges and blueberries. Using the picture below as a guide, slice your fruit as shown.
3. Carefully arrange the fruit pieces to make the owl's face, wings, feet and santa hat.
4. Add a little bit of squirty cream for the trim of the hat, and a marshmallow for the hat bauble.
5. Surprise the family with your delicious new breakfast creation.







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**SHARE THE  
JOY**



We'd love to know how you get on with these activities! Ask a parent or guardian to tag us on socials with your summer of fun!



Premier Education, The Old  
Apple Store, Shropham,  
NR17 1EJ



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## REFER A FRIEND

We hope you've enjoyed your Winter Activity Book, inspired by all the fun of our Holiday Camps. If you have, why not give a friend 20% off their first booking and receive 20% off your next Holiday Camp booking as a reward!

