

# 2023 ACTIVE CHALLENGE

## MARCH

SCAN ME TO  
FIND NEXT  
WEEK'S ACTIVE  
CHALLENGE



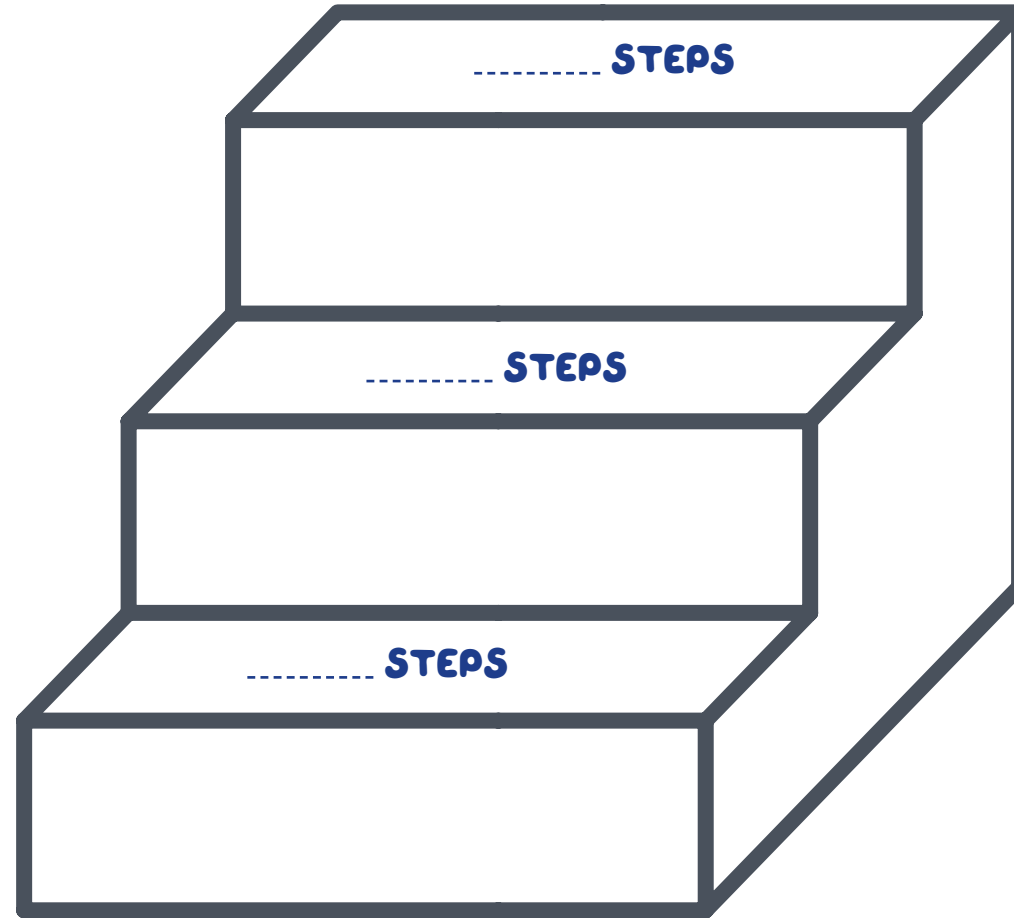
Keep track of your weekly progress below by colouring in and adding scores. Don't forget to share your progress with us.

Tag us in your pictures on social media, and use the hashtag  
**#PREMIERACTIVECHALLENGE**



**WEEK 10**

# FAMILY STEP-UP CHALLENGE



HOW MANY  
STEPS DID  
YOU DO?

COLOUR  
ME IN!

**WEEK 11**

**SPONSORED  
DANCE  
ROUTINE FOR  
COMIC RELIEF**



**COLOUR  
ME IN!**

**WEEK 12**

# **BIG WALK AND WHEEL**



**COLOUR  
ME IN!**

# WEEK 13

# FLOOR IS LAVA!



COLOUR  
ME IN!